



MRT HOME EDITION

April 13-17, 2020

DON'T FORGET TO REGISTER!

www.elevateparents.org

MRT TRAINING

Saturday, April 11th via Youtube

make sure to watch this video first

MRT GUIDELINES (adapted)

- 1) No Negativity
- 2) Be Creative
- 3) Be Proactive
- 4) Be Adaptable
- 5) Be Aware of Your Surroundings
- 6) Be Patient
- 7) Listen
- 8) Show Respect
- 9) Look for Ways to Serve
- 10) Be Safe
- 11) Expect God
- 12) Write it Down
- 13) Continue beyond this week

MORNING DEVOTIONAL VIDEOS:

posted by 9:00am on YouTube and Instagram

Monday: Amelia McCloud

Tuesday: Dakota Whaley

Wednesday: Makenzie Whaley

Thursday: Noah Culver

Friday: Natalie Hoffman

SHARING STORIES/PICTURES:

use **#MRTHomeEdition** for pictures/posts
or send them to Pastor Derek

**We hope to get enough to make a MRT Recap Video*

INSTAGRAM STORIES DAILY QUESTIONS

@LNC_ELEVATE

Morning: what are your goals for today

Evening: random stories and God moments

MRT RECAP PARTY

ZOOM Meeting Thursday, April 16th @7:30pm

SERVING IDEAS

Clean a room in the house

Help a sibling with their homework

Help your parents learn to use Zoom

Do the dishes

Take out the trash

Help with yard work

Make breakfast for your family

Ask your parents what you can help them with, and do it

Write encouraging messages on post it notes and leave them around the house for family members

Facetime/text/call 5 people you don't talk to often and have a conversation with them

Invite someone to join us for Elevate Online

Walk your neighborhood and pray for each house as you walk by

Create chalk art on the sidewalks with encouraging messages

Write an encouraging note to someone and mail it to them

DAILY JOURNAL REFLECTIONS

MONDAY, APRIL 13

SOME QUESTIONS TO REFLECT ON ABOUT TODAY:

1. Share stories from today
2. What are some things that you are looking forward to this week?
3. What are some thing you are nervous about this week?
4. What are you hoping for God to do in your life this week?

TUESDAY, APRIL 14

SOME QUESTIONS TO REFLECT ON ABOUT TODAY:

1. Share some random stories from today
2. How did you serve others today?
3. How did God stretch you outside of your comfort zone today?
4. What did God teach you today?
5. Share God Moments from today

WEDNESDAY, APRIL 15

SOME QUESTIONS TO REFLECT ON ABOUT TODAY:

1. Share some random stories from today
2. How did you serve others today?
3. How did God stretch you outside of your comfort zone today?
4. What did God teach you today?
5. Share God Moments from today

THURSDAY, APRIL 16

SOME QUESTIONS TO REFLECT ON ABOUT TODAY:

1. Share some random stories from today
2. How did you serve others today?
3. How did God stretch you outside of your comfort zone today?
4. What did God teach you today?
5. Share God Moments from today

FRIDAY, APRIL 17

SOME QUESTIONS TO REFLECT ON ABOUT THIS WEEK:

1. Share some random stories from this week.
2. What ways did you serve others this week?
3. How did God stretch you outside of your comfort zone this week?
4. What did God teach you this week?
5. Share God Moments from this week?